

EAST SIDE MEDICAL PC

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SUTAB PREPARATION FOR
COLONOSCOPY/RECTAL ENDOSONOGRAPHY

Procedure Date: _____ Time: _____ Arrival Time: _____

PREPARATION:

If you are taking **Plavix, Aspirin, Coumadin, Eliquis, Pradaxa or Aggrenox** because of a history of coronary stents, carotid stents, etc., proper dosing and timing before, during and after your procedure is essential. Be sure to discuss this with your physician.

If you are taking weight loss medications such as Ozempic, Wegovy or Mounjaro, the last dose must be at least 7 days before your procedure.

THREE days before the examination, eliminate intake of fruits, vegetables, nuts, berries, etc., discontinue taking non-steroidal anti-inflammatory (**NSAIDS- Motrin, Advil, Aleve, etc.**). Tylenol is permitted.

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

Day 1, Dose 1 - On the Evening Prior to Colonoscopy

You are encouraged to hydrate adequately
before, during, and after taking SUTAB

Swallow the 12 tablets with the first 16 ounces of water

The day before your colonoscopy, open the first bottle of 12 tablets and take SUTAB as described below.

STEP 1 Open 1 bottle of 12 tablets. Remove and discard the desiccant.

Remove and discard the desiccant from the second bottle and close the bottle. Use the second bottle for the second dose on the morning of the colonoscopy.

STEP 2 Fill the provided container with 16 ounces of water (up to the fill line).

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Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.

IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

[Drink the additional two 16 ounces of water](#)

STEP 3 Approximately **1 hour** after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 Approximately **30 minutes** after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

[Swallow the other 12 tablets with another 16 ounces of water](#)

- Continue to consume only clear liquids until after the colonoscopy.
- Repeat Step 2 to Step 4 from Day 1, Dose 1.
- If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.
- Complete taking all SUTAB tablets and water at least two hours prior to colonoscopy.